

There is another danger to wearing these masks on a daily basis, especially if worn for several hours. When a person is infected with a respiratory virus, they will expel some of the virus with each breath. If they are wearing a mask, especially an N95 mask or other tightly fitting mask, they will be constantly rebreathing the viruses, raising the concentration of the virus in the lungs & the nasal passages. We know that people who have the worst reactions to the coronavirus have the highest concentrations of the virus early on. And this leads to the deadly cytokine storm in a selected number.

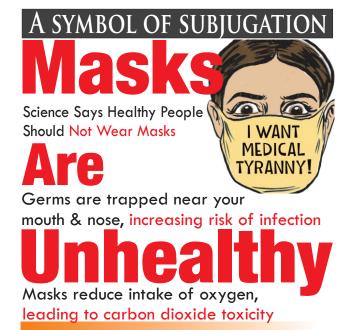
It gets even more frightening. Evidence suggests that in some cases the virus can enter the brain. In most instances it enters the brain by way of the olfactory nerves (smell nerves), which connect directly with the area of the brain dealing with recent memory and memory consolidation. By wearing a mask, the exhaled viruses will not be able to escape and will concentrate in the nasal passages, enter the olfactory nerves & travel into the brain.

Dr. David Lang of Wisconsin: I want to share my current perspective as an ER physician in a small rural hospital in Wisconsin. This is the point where I will ruffle some feathers. The masks I see people wearing around town are by & large worthless. The reason doctors & nurses wear masks during surgery & medical procedures is not to prevent spread of virus particles. It is merely to prevent droplets of spit & bacteria from their mouths & noses from contaminating surgical wounds. In the hospital, if we were concerned about smaller particles such as viruses we will use an N95 mask. Every year we go through an extensive fitting for N95 masks to make sure that we are getting a complete seal because the mask becomes worthless otherwise.

Having random people walk around in public with a N95 that has not been fitted and is removed every 3 minutes is pointless. Walking around with an ill fitted cloth mask is merely a reservoir for moisture and other disease causing bacteria. It most certainly will not stop any virus. Plus, every time you touch the mask and your face with your unwashed hands you are merely seeding your mask with any bacteria you picked up. It is basically a giant Petri dish you have strapped to your face. Numerous studies have shown sneezes or coughs go right through surgical mask and cotton masks. It is like trying to hold back a river with a screen door.

CLOTH masks do not filter anything. You mean the flag one my aunt made? Yes. The one with sunflowers that looks so cute? Yes. The bandanna, the cut up t-shirt, the scarf ALL of them offer NO FILTERING whatsoever. As you exhale you are ridding your lungs of contaminants and carbon dioxide. Cloth masks trap this carbon dioxide the best. It actually risks health. The moisture caught in these masks can become mildew ridden overnight. Dry coughing, enhanced allergies, sore throat are all symptoms of a micromold in your mask. Cloth masks are WORSE than none. The WHO/CDC wants us to keep wearing masks that don't work.





JAMA: The Journal of the American Medical Association: "Face masks should not be worn by healthy individuals to protect themselves from acquiring respiratory infection because there is no evidence to suggest that face masks worn by healthy individuals are effective in preventing people from becoming ill." We shouldn't argue. We should don our masks & muzzle our opinions. We cannot let maskwearing become the 'new normal'. Masks are horrible. They're stuffy & claustrophobic. They make it hard to read people's faces. They alienate us from each other even more, hiding smiles & discouraging chit-chat. And they actually worsen the culture of fear by spreading the idea that our fellow citizens are walking diseases who must be muzzled & kept at a safe distance. Only people comfortable with the contemporary social atomisation that has been intensified by the lockdown would embrace mandatory mask-wearing with no questions whatsoever. Some of us dislike atomisation. We want connection, community, engagement. Mask-wearing MUST be voluntary.

Masks: Science or mass psychosis? Can't be both.

n reviewing the actual science behind facemasks, we discover there is no evidence whatsoever that they protect against any infectious disease. Worse, the majority of the science proves that facemasks cause asthma, allergies, and respiratory disease.

Never before in human history have the healthy been quarantined & everyone in the population of the world recommended to be masked. Never. What is going on here? Are we wearing them to protect ourselves? To protect others? It doesn't matter what kind of covering we use, where we get it, and we don't have to dispose of it frequently in a biohazard receptacle? Huh?

This confusion, obfuscation, & inconsistency is part of the psychological operation. It's part of the cognitive dissonance that is resolved through capitulation to mob mentality, and the illusion of safety that is exchanged for seemingly tolerable infringements of freedom. If they are going to enact large-scale medical interventions for the "greater good," we should demand to see some quality science to support this novel approach to "health."

Germ theory: Never in the history of mankind, has a virus been properly identified, purified, or demonstrated to cause an illness, according to conventional medicine's own postulates. The history of so many "theories" originates with a fraudulent agent (Pasteur) offered the spotlight by (secret society) elite who wish to leverage certain "scientific" information in order to maintain population-based control, submission, compliance, and dependency on the pharmaceutical industry. What works better than to convince people to be scared, not only of their own bodies and other people's bodies, but also of invisible demons that can attack you randomly. And there is nothing you can do except hide, and in a worst case scenario, present to the temple of the hospital for salvation. Oh, and you can also repeatedly inject yourself (vaccinate) with unstudied chemicals & fetal & animal tissues for "protection."

Mandatory Masks Can Cause Considerable Harm and Are Not Proven Effective: Evidence that face masks reduce the transmission of viral respiratory infections within community settings is equivocal at best. A recent meta-analysis of scientific literature, including 11 randomized, controlled trials and 10 observational studies, found that there was no clear clinical or laboratoryconfirmed evidence that masks prevent infection. To the

Masks are intended to humiliate & dehumanize.

contrary, the study warned that facemasks "...may even increase transmission if they act as fomites [objects or materials that are likely to carry infection] or prompt other behaviours that transmit the virus such as face touching."

This echoes World Health Organization (WHO) guidance published on January 29, 2020 entitled, "Advice on the use of masks in the community, during home care and in healthcare settings in the context of the coronavirus (2019-nCoV) outbreak." In it, the WHO says, "Wearing medical masks when not indicated may cause unnecessary cost, procurement burden and create a false sense of security that can lead to neglecting other essential measures such as hand hygiene practices." Furthermore, the January 2020 WHO guidance stated that "Cloth masks are not recommended under any circumstance."

Cloth masks have been found to be particularly problematic. A British Medical Journal (BMJ) study published in April 2020 cautions against the use of cloth masks, citing "Moisture retention, reuse of cloth masks and poor filtration may result in increased risk of infection." The WHO affirms increased infection risk with cloth masks in its latest June 5, 2020 guidance. It based its guidance on an earlier BMJ study that found the penetration of particles to be 97% in the cloth mask group, with significantly higher rates of infection and influenza-like illness.

A study on the CDC website that reviewed 10 different randomized clinical trials worldwide on highly infectious respiratory virus transmission found "no significant reduction" in "transmission with the use of face masks." Given the lack of evidence for their use, and flip-flopping advice both against and for their use by authoritative health agencies like the WHO, the increasing pressure to wear masks in public — and the decreased ability to access basic services required to maintain one's health, liberty and livelihood — constitutes an unnecessary power grab and means of controlling the population.

And to sample from the extensively referenced writing of Dr. Rancourt: No RCT [randomized controlled trial] study with verified outcome shows a benefit for HCW [health care workers] or community members in households to wearing a mask or respirator. There is no such study. There are no exceptions. Likewise, no study exists that shows a **benefit from a broad policy to wear masks in public**.

Furthermore, if there were any benefit to wearing a mask, because of the blocking power against droplets and aerosol particles, then there should be more benefit from

If your mask gives you security wear it, just know it is a false sense of security.

wearing a respirator (N95) compared to a surgical mask, yet several large meta-analyses, and all the RCT, prove that there is no such relative benefit.

Masks and respirators do not work. Masks are a part of a ritual, and that ritual serves further control and ultimately biopolitical capture of the human body through: * dehumanization: a mask covers essential facial features, limits freedom of speech, evokes illness & danger imprints * perpetuation of fear & vigilance: masks remind us that we are still in the "time of the virus" and that we must remain afraid, even as we engage in normative behaviors * submission signaling: obedience is now demonstrated visibly, so that those who are non-compliant are exposed * recruitment of the healthy: while the medical industry has captured most of the world population through toxicantinduced disease, the healthy can be entrapped when they too are recruited for the greater good.

Dr. Russell Blaylock warns that not only do face masks fail to protect the healthy from getting sick, but they also **create serious health risks to the wearer**. The bottom line is that if you are not sick, you should not wear a mask.

As businesses reopen, many are requiring shoppers & employees to wear a face mask. Many employers are requiring all employees to wear a face mask while at work. With the advent of the so-called COVID-19 pandemic, we have seen a number of **medical practices that have little or no scientific support** as regards reducing the spread of this infection. One of these measures is the wearing of facial masks, either a surgical-type mask, bandana or N95 respirator mask.

Non-infected people need not wear a mask. When a person has TB doctors have them wear a mask, not the entire community of non-infected. The recommendations by the CDC & the WHO are not based on any studies of this virus and have **never been used to contain any other virus pandemic or epidemic in history**.

Are there dangers to wearing a face mask, especially for long periods? Several studies have indeed found significant problems with wearing such a mask. This can vary from headaches, to increased airway resistance, carbon dioxide accumulation, to hypoxia, all the way to serious life-threatening complications.

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